

# Clean Club Parents Newsletter

Cold & Flu Season Update



Lend a hand to teachers.

Get **FREE Clorox® Disinfecting Wipes** for the classroom when you buy two Clorox® products. Visit [www.cloroxclassrooms.com](http://www.cloroxclassrooms.com) for a coupon.

## Fighting colds & flu in school starts with you ... and these THREE SIMPLE STEPS:

### 1 Take 5 to disinfect.

Want to kill 99.9% of the germs\* that can cause colds and flu? All it takes is five minutes and a canister of Clorox® Disinfecting Wipes. Use them to wipe down household surfaces kids touch most:

- Phones
- Doorknobs
- Toy storage bins
- Refrigerator handles
- Light switches
- TV remotes
- Faucets

### 3 Donate Clorox® Disinfecting Wipes.

Many teachers spend their own money on classroom supplies, including wipes. Do them a favor, and donate a canister or two to help them keep your child's classroom cleaner and healthier.†

### 2 Teach kids the ABCs of healthy hygiene.

#### Always wash hands the right way:

Before and after eating, after using the bathroom, with soap and warm water and for at least 20 seconds: the time it takes to sing "Happy Birthday" twice.

**Be aware of germs** and know where they can hide, especially on shared school supplies.

**Cough and sneeze** into your elbows and tissues—not hands.

### CDC ALERT!

The Centers for Disease Control and Prevention now recommends that ALL CHILDREN ages 6 months to 19 years old get flu vaccinations every year.

For more information, visit [cdc.gov/flu](http://cdc.gov/flu)

\*When used as directed on hard, nonporous surfaces  
†Check school policy to confirm that use and donation of products is acceptable. Adults must deliver any donations themselves; do not give products to children. Store and keep out of the reach of children. Use as directed on hard, nonporous surfaces.

## FLU Q and A

### Q. What is H1N1/Swine Flu and how does it spread?

**A.** The 2009 H1N1 flu (referred to early on as Swine Flu) is caused by the H1N1 virus, a new, contagious strain of the influenza A virus. Like other cold and flu viruses, it spreads from person to person through coughing, sneezing or touch.

### Q. How can I reduce the spread of germs that cause flu?

**A.** By regularly disinfecting the surfaces kids touch most, you can help reduce the spread of influenza A viruses, including the 2009 H1N1 virus. Clorox® Disinfecting Wipes are effective against the flu virus (including the 2009 H1N1 virus‡) and common bacteria like Staphylococcus (staph), Salmonella and E. coli.\*

‡Environmental Protection Agency (EPA) believes, based on available scientific information, that the currently registered influenza A virus products will be effective against the 2009 H1N1 flu strain and other influenza A virus strains on hard, nonporous surfaces.



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