

Flu or false?



To test your germ-fighting know-how, take this FLU or FALSE quiz.

Circle your best guess for each answer, then check to see how many you got right. Answer all five questions correctly and you're a germ genius!

- 1 Influenza a viruses can survive on common surfaces for up to 72 hours.**
a. Flu (True) b. False
- 2 According to some experts, just 10% of germs are spread by touch.**
a. Flu (True) b. False
- 3 There's more bacteria on an average desk than the average toilet seat.**
a. Flu (True) b. False
- 4 50% of middle- and high-school students don't wash their hands.**
a. Flu (True) b. False
- 5 A phone receiver can have up to 5,000 germs per square inch on it.**
a. Flu (True) b. False

ANSWER KEY: 1. Flu/True! 2. False! Some experts believe that up to 80% of germs are spread by touch. 3. Flu/True! An average desk can have 400 times more bacteria than a toilet seat. 4. False! The number's much higher! According to an American Society of Microbiology study (2002) Minnesota Hand-washing Tool Kit), 90% of people don't wash their hands after using public restrooms. 5. Flu/True!



How many did you get right?

1: You're a Germ Learner.

You might want to learn a little more about germs.

2: You're a Junior Germbuster.

Now you're getting it — but it takes a bit more to beat germs at their own game!

3: You're a Germbuster in Training.

Keep learning how you can fight germs if you want to stay healthy!

4: You're a Master Germblaster.

If only everyone knew as much about germs as you!

5: You're a Germ Genius!

A perfect score means you're ready to fight germs!

Sources: Centers for Disease Control and Prevention (cdc.gov); University of Arizona workplace study, Fall 2005, Dr. Gerba; "The Secret Life of Germs," Dr. Philip Tierno; National Institute of Health (NIH)/National Institute of Allergy and Infectious Disease Fact Sheet, December 2004.



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